



Match Days

In light of the current situation with COVID-19 and to ensure that we comply with the latest Public Health guidance, England Hockey guidance and our own risk assessments we would ask that you follow the following procedures when visiting our grounds.

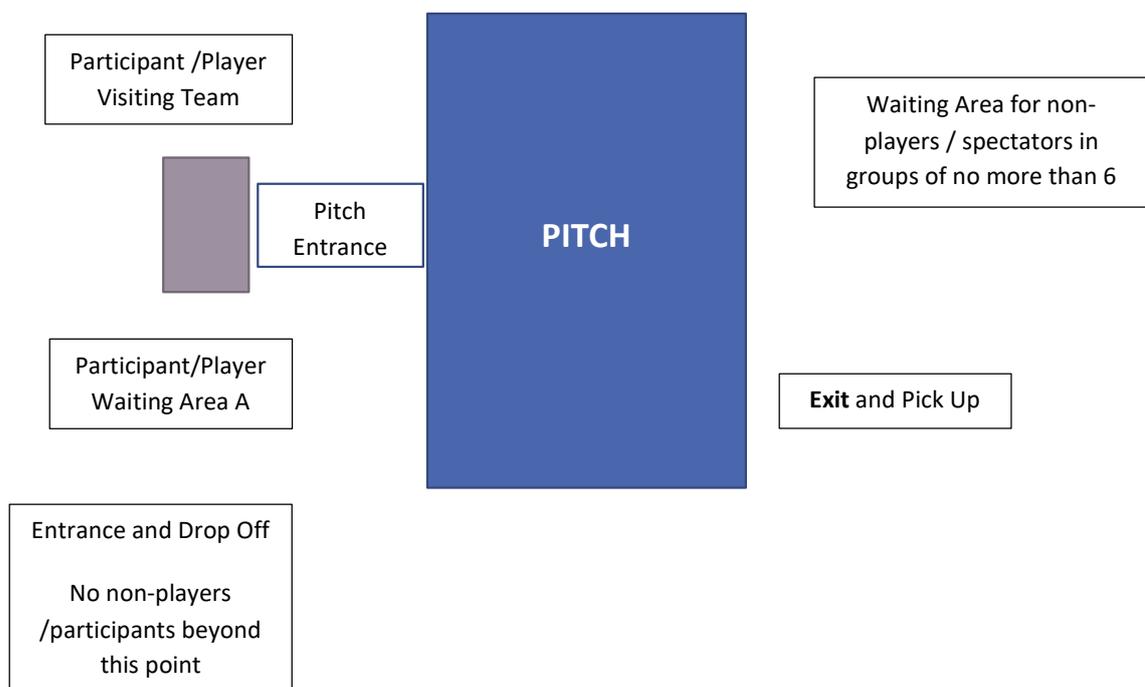
Access & arrival

- If at all possible, you should travel in your bubble or household group.
- Please ensure you travel in your kit as no changing facilities are available
- Avoid using public transport unless necessary to do so.
- You should try not to share a vehicle with those outside your household or social bubble. If you need to do this, try to:
 - share the transport with the same people each time.
 - keep to small groups of people at any one time.
 - open windows for ventilation.
 - travel side by side or behind other people, rather than facing them, where seating arrangements allow.
 - face away from each other.
 - consider seating arrangements to maximise distance between people in the vehicle.
 - clean your car between journeys using standard cleaning products - make sure you clean door handles and other areas that people may touch.
 - ask the driver and passengers to wear a face covering.
- Arrive as close as possible to the time you need to be there.

- Check in with your coach/manager for Track and Trace purposes. Home and Away games
- Allow others to leave before you enter the pitch - if you need to wait then do so away from the pitch and clear of the gates.
- Follow one-way systems where they are in place.
- Ensure you leave the pitch before the end of your allotted time so that the space is empty for the next players.
- Arrive changed and ready to play. Shower at home - there are currently no changing facilities available at the sports centre. Toilets are available in the main sports centre entrance but please abide by the rules displayed in the building.
- Do not congregate after playing and stay in groups of 6, following social distancing rules, outside of play.
- Where possible, unless absolutely necessary, avoid touching gates/fences/goals.

Timings

- Adults dropping a child off should leave them at the drop off point. Do not go with them to the pitch or player waiting areas.
- Where possible please then leave the grounds and return at the pick-up time or remain in your vehicle. Where this is not possible please watch/wait from the seating which are located on the far side of the pitch, ensuring you abide by the most up to date social distancing guidance.
- Coaches/Managers/captain should meet participants at the waiting/holding areas



Preparing to play

- Participation Agreement – Anyone wanting to be involved in hockey must sign an England Hockey Participation Agreement before they play (this only needs to be done once), where they agree to the terms and conditions and Code of Ethics and Behaviours.
- Self-Assessment Check – This check should be done before each hockey training session and match by players, coaches and managers should all declare they are symptom free and haven't been in contact with anyone with suspected or confirmed Covid symptoms within the past 2 weeks. EGHC players, coaches and managers to use our QR code for Self-Assessment and register. Visiting teams to use their system.
- Hygiene – in line with government advice wash hands before and after activity and regularly use hand sanitiser.
- Equipment – use your own equipment – sticks, gumshields, facemasks (if required), goalkeeping equipment (if appropriate) and ensure water bottles are full on arrival. If you have to provide your own ball(s) ensure they are marked with your initials.
- If you have to use shared equipment, disinfect before use and disinfect or leave for at least 72 hours after use.
- For any passing drills/warm up drills only touch the balls with your stick. Allow the manager of the balls to collect and disinfect their balls/equipment.

At the end of a session

- Please ensure you collect all your belongings and leave the pitch by the exit on the opposite side as per diagram quickly so that the next session can begin.
- Please leave the site as soon as you are able to minimise contact between groups and to maintain social distancing.
- If the dug outs have been used coaches/managers should ensure that seating areas are wiped down before the next session begins.