2022/23 OFFICIAL PROGRAMME

MEN'S HOCKEY LEAGUE

ENGLAND HOCKEY

Vitality WOMEN'S HOCKEY LEAGUE

ENGLAND HOCKEY

FOR THE LATEST LEAGUE NEWS, RESULTS & TABLES
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MATCH DAY PROGRAMME

26TH FEBRUARY 2023
EAST GRINSTEAD HOCKEY CLUB

LADIES 1ST XI VS CLIFTON ROBINSONS @ 12:00
MENS 1ST XI VS BROOKLANDS UNI @ 14:00

SCAN FOR MORE!!

ENGLAND HOCKEY LEAGUE

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MATCH DAY PROGRAMME
EAST GRINSTEAD HOCKEY CLUB

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CHAIRMAN'S WELCOME

On behalf of East Grinstead Hockey Club and the 'EG Faithful', a big welcome to Brooklands MUHC and Clifton Robinsons HC players and travelling support for today's fixtures at Saint Hill. We would like to thank today's Umpires Campbell Reeman and Ady Green.

The Club would also like to take this opportunity and will thank over the season all our sponsors but would like to recognise club sponsors O'Neills & STX, Ladies 1st XI sponsor Gold Group and Worth School and Men's 1st XI sponsors Juha and Lingfield College.

Finally, it remains for me to thank the volunteers who give up their time to support the first teams on match days. From the ball boys and ball girls to the team that set up and run the music, gate, streaming, barbeque plus much much more - Thank you.

Have a great day,

Best wishes to all.
Phillip
Chairman
East Grinstead Hockey Club

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ENGLAND HOCKEY LEAGUE

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MATCH DAY PROGRAMME
EAST GRINSTEAD HOCKEY CLUB

EGHC MEN 2022/23

	SPONSORED BY:
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5 DANIEL FAULKNER	• MIKE BARROTT
7 JAMIE WALLACE	
8 LEWIS PROSSER	
9 RICHARD LANE	• HARRY JAWANDA
10 TOM CROWSON	
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14 JONNY FLECK	• SCRATCH THE ITCH
15 SIMON FAULKNER (C)	• WORTH SCHOOL
16 BEN MACKEY	• LINGFIELD COLLEGE
17 LUKE MOBLEY	• LSD SCUBA
18 ALISTAIR CLIFT	• WCP HOCKEY
19 OLLIE LANDER	
21 MIKE WOOD	• PHILLIP COOTE
22 ROSS STOTT	• GAME, SET AND MATCH
25 SAMAD SULEMAN	
26 TOM TYERS	• CHRIS VALLIS WILSON
27 JACK WEBB	
28 GEORGE SCHOOLEY	
29 GEORGE MUSTCHIN	

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MATCH DAY PROGRAMME
EAST GRINSTEAD HOCKEY CLUB

EGHC LADIES 2022/23

1 LAURA MYERS GK
2 ISSY FIELD GK
4 SALLY SIME
5 ALEX MALZER
6 AMY THOMPSON
7 GUADALUPE FERNANDEZ LACORT (C)
8 HARRIET MITCHELL
9 COURTNEY HANSFORD
10 LAURA UNSWORTH
11 CARLOTA RODRIGUEZ
13 ELLIE RAYER
14 TESS HOWARD
15 OLIVIA BREED
16 ANNA FAULSTICH
17 CHLOE BROWN
18 MOLLIE MASON
19 SOPHIE BRAY
20 KAYLA REED
21 AMELIA TAIT
22 PIPPA LOCK
23 LYDIA MACDONELL
24 AUTUMN BOWDEN
25 RUTH EVANS
26 ROBYN BENTLEY

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EGHC COACHES 2022/23

MENS 1 XI

RORY BRITTEN - MANAGER
DAVID BECKETT - HEAD COACH
JOE ODDY - ASSISTANT COACH
PRASH MESHRAM - PHYSIO

WOMENS 1 XI

HARRIET MITCHELL - MANAGER
THEO DOWSE - COACH
LAURA UNSWORTH - ASSISTANT COACH

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TEAM SHEETS

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OPPOSITION SQUADS

BROOKLANDS MUHC

1. JACK CHRISTIAN (GK)
2. NICK HALE
3. DAN VINCENT
4. ALEX HOLMES
5. CHRIS CARTER
6. ANDREW RUSBRIDGE
7. JACK ARTIST
8. HAMISH MCKITTRICK
9. AIDAN KHARES
10. DAVID FLANAGAN
11. RICHARD SLATER
12. FINN WARD
13. HARRY TOMKINS
14. CRAIG FALCONER
15. STEFAN RAY-HILLS
16. PETER FLANAGAN (CAPT.)
17. JAMES LAVERS
18. SEB YATES
19. MIKE PARHAM
21. BEN WALLACE

MANAGER: NEIL FLANAGAN
COACH: KEN GARDINER

CLIFTON ROBINSONS

1 ALINE DE VISSER (GK) (CAPT)
2 HOLLY MUNRO
3 KAT GIERAK
5 JESSICA LEA
7 ELOISE LAITY (V-CAPT)
8 ASHLEY MAINWARING
9 PHOEBE RICHARDS
10 CATHERINE MACAULAY
11 SARA DAVIES
14 IZZY WEBB
15 AMY BURTON
16 CARMEN ANSLEY
17 ABI PORTER
18 CLEMMIE HOULDEN
19 JESSICA LEA
21 LOUISA BELL
23 SARAH-JAYNE THORBURN
24 LIVVY HOSKINS
25 EMILY DRYSDALE
42 CAITLIN WITHAM

ALISTAIR KILFOIL – MANAGER
JULIET RAYDEN – COACH
MICAH SMITHARD – ASST. COACH

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MEN'S LEAGUE & FIXTURES

11 Feb 2023

East Grinstead M1 | 18:00 | Oxted M1

East Grinstead Sports Club

18 Feb 2023

University of Nottingham M1 | 18:00 | East Grinstead M1

Nottingham Hockey Centre - Pitch 4 (University)

25 Feb 2023

University of Exeter M1 | 17:00 | East Grinstead M1

Exeter University - Pitch 1

26 Feb 2023

East Grinstead M1 | 14:00 | Brooklands Manchester University M1

East Grinstead Sports Club

05 Mar 2023

East Grinstead M1 | 14:00 | Beeston M1

East Grinstead Sports Club

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MATCH DAY PROGRAMME
EAST GRINSTEAD HOCKEY CLUB

LADIES' LEAGUE & FIXTURES

11 Feb 2023

Beeston W1 | 14:00 | East Grinstead W1

Nottingham Hockey Centre - Pitch 1

25 Feb 2023

Hampstead & Westminster W1 | 14:00 | East Grinstead W1

Paddington Recreation Ground

26 Feb 2023

East Grinstead W1 | 12:00 | Clifton Robinsons 1

East Grinstead Sports Club

04 Mar 2023

East Grinstead W1 | 12:00 | Surbiton W1

East Grinstead Sports Club

05 Mar 2023

Wimbledon W1 | 14:00 | East Grinstead W1

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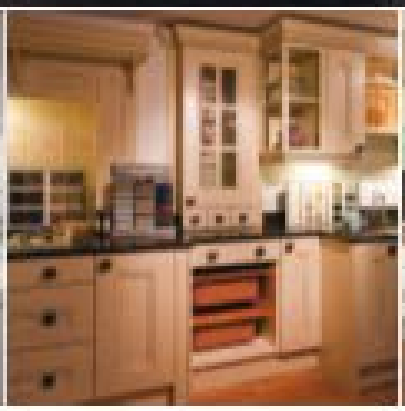
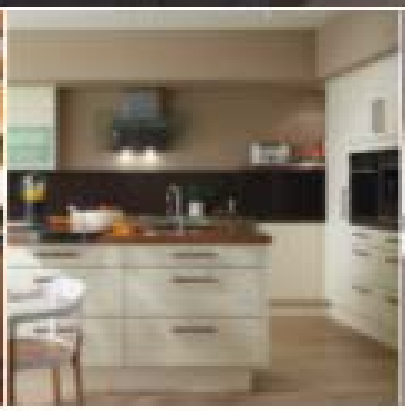
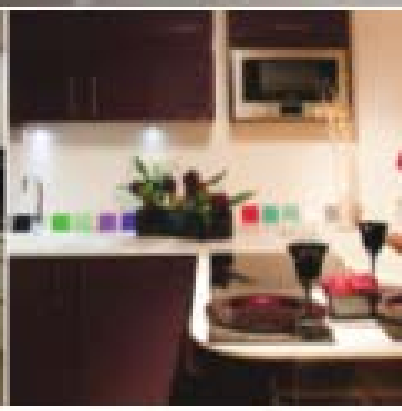
KITCHENSBESPOKE







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MEET ELLIE RAYER

What was your highlight of the commonwealth games?
That's a tricky one... playing in front of friends and family, the atmosphere, the noise from a home crowd was truly incredible and is my biggest memory when I think back to it!

Winning our semi final was definitely a highlight knowing that we were in a position to fight for gold and achieve what we had set out to do! Standing on top of the podium, receiving our gold medals and belting out Jerusalem was special as well!

Top tip for improving your hockey skills?
Have patience, you won't suddenly develop skills overnight but keep chipping away and you'll get there. Ask lots of questions too and don't be afraid to just have a go!

W**hat is your number and what position do you play in?**
I wear the lucky number 13 shirt, and play up top as a forward trying to score some goals!

Do you have a nickname?
Rayer, Ray, Raydog - anything along those lines... I'm not sure anyone on the team actually calls me Ellie!

How did you get into playing hockey and how old were you when you first started?
I first picked up a stick when I was about 7 in a PE lesson at school and just played there! When I got to 14, one of my PE teachers (who played at Maidenhead HC) was short of players for the weekend so she registered me to play - I went down, loved it and never looked back!

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MEET ELLIE RAYER
CONTINUED.....

What is your best hockey memory so far?
Winning bronze at the Tokyo Olympics - becoming an Olympian and bringing home a medal ticked off a couple of goals that I had dreamt about from quite a young age!

Who has the best dance moves in the team?
That's a very good question - Auty will bust out a few moves but we've recruited some new players to the team who could rival it I reckon... will have to update this once we've had a couple of socials!

What's your favorite food?
I'm an absolute sucker for a roast dinner!
Saturdays are for hockey, and Sundays are for roasts!

Your favorite memory with EG?
Winning the Super 6s (2019 & 2022) has got to be up there as some of the best! I love indoor and the weekends away to try and get to finals are always so much fun!

What do you love most about playing for EG?
The people - the club stalwarts that have welcomed me and made me feel at home, the support from everyone in the club from juniors to adults and the girls I'm lucky enough to pull the shirt on with and call my teammates!

For more information on EGHC Juniors please check out the website or email info@eghockey.co.uk to be added to the mailing list

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AT WWW.EGHOCKEY.CO.UK/MEMBERSHIP/KIT

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EGHC IN THE NEWS

EAST GRINSTEAD ACHIEVES TALENT ACADEMY AND TALENT CENTRE ACCREDITATION

We are thrilled to be licensed to run the Talent Academy on behalf of players, clubs, schools, counties and other hockey establishments in our catchment area.

Our objective is to create an Academy of elite hockey players from this area, some of whom will progress through the ranks of the EH Talent system to represent their Country. The TA will benefit all players as well as their schools, clubs and wherever their future hockey takes them. To help us achieve our objective we have put together a program which will push as many players as possible in the local area to be the best they can be.

First and foremost, this requires hard work and dedication from the players. To be the best, they must take responsibility for their commitment to themselves - a positive attitude to training and learning, an ability to organise their time to enable study, clear communication with their guardians, teachers and coaches etc. In order to support them, we have assembled a great team of coaches and mentors, who are looking forward to their role within the Academy.

Our Director of Talent Academy is Mary Booth. Mary has a history in hockey dating back a few years. She has been involved in coaching juniors at every level of the national pathways, has brought hockey to school children in her capacity as a teacher and has taken East Grinstead Ladies 1st XI from local league hockey through to their current position in the Investec Premiership (which they would have won for the last 2 years if it wasn't for COVID) and European Hockey. Mary is responsible for the coaching program at the Talent Academy and her incredible experience will be massively valuable.

ENGLAND HOCKEY TC 2022

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EGHC IN THE NEWS

Acting as Head of Talent Academy is Wesley Jackson. Wes himself has played hockey at the highest level, both as a junior and adult. Wes also has an incredible coaching career, previously in charge of hockey at Lingfield College, Wes is currently coaching various A teams at Whitgift School and has had incredible success. Wes is also partner in the Jackson 7 hockey academy business with his brother Ashley Jackson, and this experience means our Talent Academy operations will work like clockwork. While Mary & Wesley will oversee the program, we have also been so lucky to secure fantastic TA Lead Coaches, Rob Sorrell & Will Heywood and Chris Borsoi as Lead GK coach.

Will Heywood has an incredible coaching history. Coaching at Exeter University then starting his career at Malborough College, Will has moved into pathway coaching including Head coach at the Southampton Performance Centre and on the England Hockey DiSE team. Will is Director of Hockey at Brighton College and is an incredible asset to the Talent Academy.

Rob Sorrell also has a fantastic coaching history. After university & club coaching, Rob has spent time in Holland, coaching junior and adult teams at Kampong. Since returning to the UK Rob has an amazing history coaching at all stages of the previous pathway model, including county, HIPAC, Performance Centre and National Age Group. Rob has just moved to the area to take on the Director of Hockey role at Hurst.

Goal-keepers are super fortunate to have Chris Borsoi as their lead coach. Chris has a strong hockey pedigree, playing and coaching at Brighton & Hove, coaching in the EH pathway, coaching at great hockey schools in the area including now being Head of Hockey at Roedean.
Rob, Will, Chris & Wes are all on the England Hockey ACP (Advanced Coaching Program) and combined with Mary's experience, make a phenomenal team.

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2020

bring the heat

AND OUT PERFORM.

2020 LINE UP AVAILABLE NOW

EGHC MEDIA

EAST GRINSTEAD HOCKEY TV

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WATCH LIVE HOCKEY

Huge strides were taken on Saturday 24th October as we live streamed our first outdoor league game using our new streaming technology. Both Men's and Ladies' matches combined have achieved over 2000 views so far. The Ladies match had commentary supplied by Becky Duggan and Pippa Lock and we look to be able to Live Stream all EGHC home matches moving forward so you can watch from the comfort of your living room. We are working on a highlights package, watch this space.

To watch all our games and the Wimbledon double header, please visit and subscribe to our YouTube channel 'East Grinstead Hockey TV'.

Are you interested in technology?
Would you like to get into TV/broadcasting one day?
Do you have a creative mind?

If you are aged 14+ and would like to become involved with our media team, please register your interest to **info@eghockey.co.uk**.
We would love to have you on board.

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EGHC 200 CLUB

SIGN UP TO WIN £££

The 200 Club was set up by a long standing member of the club in 2017. It is a fantastic fundraising initiative which allows the opportunity for members to win money

HOW IT WORKS

Sign up for £10 per month

Go online and purchase at least one ticket for £10 per month. This can be a payment, standing order or £120 annual payment.

The Draw

A draw will be made similar to the 'Lottery'. Monthly, quarterly, bi-annually and yearly draws will be made in the clubhouse/pitchside

WIN

Members can win money as below and the remainder will be put back into the club for grass roots through to performance

	Number of Tickets Issued		
	21 to 39	40 to 80	81 to 200
Monthly draws of	£30	£50	£100
Quarterly draws of	£75	£100	£200
Bi-annual draws of	£100	£150	£500
Annual End of season draw of	£200	£500	£1,000

Visit eghockey.co.uk/200 for more information

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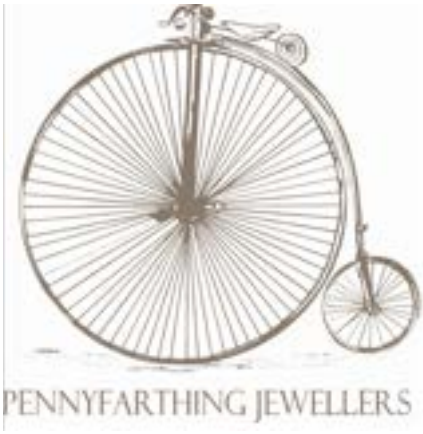
this is nessie.



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